

Safety Committee Meeting Minutes

February 27, 2014

I. Injury Reports Discussion-

There were 10 student injuries reported between January 27, 2014 and February 27, 2014: two at OMS; two at Aiken; one at May Roberts; one at Alameda; two at Cairo and two at OHS. Through February 27, 2014, 72 student injuries have been reported in the 2013-2014 school year.

There were 3 non-student injuries reported between January 27, 2013 and February 27, 2014. Through February 27, 2014, 37 non-student injuries have been reported in the 2013-2014 school year.

The injury dated 02/04/14 was discussed and even though the student was wearing the proper protective gear for welding the hot piece of metal landed on his neck which would not have had protection. A review of all the other student and non-student injuries resulted in a decision that none of them were caused by a safety issue, but were the result of normal student interactions and/or things that could be easily resolved.

II. School Reports

1. District - None
2. Aiken - None
3. Alameda - Fan in electrical box area was resolved.
3. Cairo - Absent
4. Pioneer - None
5. May Roberts - None
6. OMS - Cords in Computer Lab are still an issue – some have been zip tied but all will be redone during the summer.
7. OHS – None – Reminder that a hot water heater should to have 3 feet of clear space all around it. Do not pile things on top of the water heater.
8. Maintenance - None
9. Transportation - Absent
10. Food/Custodial - Absent



- III. Safety Inspections Discussion – OMS Computer Lab issue with cords will be resolved during the summer. All the buildings were inspected for the Month of February.
- IV. Safety Presentation – Alberto Diaz – Wellness and Safety. Appropriate personal protective equipment should be worn not only at work but also at home for the same tasks.

Safety

- When using trimmers, wear safety glasses, face shield, long-sleeve shirt and pants.
- While using table, chop or chain saws wear safety glasses, hearing protection, chaps, hard hat and boots additionally for chain saws.
- If using chemicals or herbicides wear protective gloves resistant to chemicals and safety glasses.
- Doing general yard work such as dragging brush, wear leather gloves and while weeding use a foam pad to kneel on or wear knee pads.
- Wear nitrile or similar gloves when cleaning up blood spills and other body fluids.

Wellness and Sleep

Insufficient sleep is a public health epidemic and is linked to motor vehicle crashes, industrial disasters, medical errors, and obesity. Adults need 7 to 9 hours of sleep per night. Tips for getting a good night's sleep are:

- Maintain the same sleep and wake patterns on your days off as you do on workdays.
- Avoid stimulants, such as caffeine and nicotine, in the afternoon and evening.
- Within two hours of bed time avoid, computers, video games, exercise, large meals, and alcohol.
- Get at least 30 minutes of exposure to natural daylight during the day.
- Maintain a cool (65 to 69 degree), dark and distraction free sleep environment and avoid daytime naps longer than 30 minutes.
- Exercise regularly, and complete your workout at least two hours before bedtime.

Being awake for more than 20 hours is equal to having a blood-alcohol concentration of .08 – the legal limit for intoxication in Oregon.

- V. Comments- Everyone was reminded to clean up the gravel and ice melt left on walk ways and in entrances due to it causing a slipping hazard.
- VI. Next Meeting will be March 18, 2014, 1:30 p.m. at the District Office, Basement Conference Room.

